

Parkinson's Network North January Newsletter

January 14, 2025 Meeting Notes

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(Editor's Note: Each month Jennifer Haskell will write a brief review of what happened at the support group meeting.)

We were joined by Dr. Alicia Eby, Traverse City Eye

Dr. Eby overviewed several conditions that may occur because of age or medications. (Her PowerPoint is attached to this email.)

- Dry Eye causes & treatment
- Medication effects: depth perception, inability to keep eyelids closed, visual hallucinations, steroid use
- Eye Serum use
- Charles Benet Syndrome

Dr. Eby highly recommended the film, "Still," the story of Michael J. Fox's Parkinson's journey.

NEW!!! PNN is sponsoring a new Parkinson's -Focused "Ageless Grace" class with Lisa George every Monday, 11AM, Traverse City's NEW Senior Center!! No charge for this class.

A reminder that the West YMCA continues to offer a Parkinson's Focused "Ageless Grace" class every Friday at 1:30 - no charge for this class.

Next Support Group Meeting: Tuesday, Feb 11, 2025, Presbyterian Church TC, 1 PM. Featured Presentation: “Live Your Best Life with Humor & Love,” Susan Brinklow, Director & Counselor at The Lighthouse Rehab Center

39th Annual Parkinson’s Summer Forum – Thursday, May 22, 2025, NMC Hagerty Center

Is there a subject you’d like to have included in this year’s Forum? Send your suggestions to: pnntcmi@gmail.com. Thanks!

2025 SUPPORT GROUP MEETINGS & EVENTS (So many choices to help you beat the winter blues!) Save or print this list!

PNN Daytime Meeting – 2nd Tuesday each month – TC Presbyterian Church – 1-3PM

PNN Evening Meeting – on hiatus – no evening meeting until after the Summer Forum

MPF Leelanau Meeting – 1st Thursday each month- Leland Library – 4:30

MPF Williamsburg/Acme Meeting – 1st Tuesday each month – Feast of Victory Church – 1PM

MPF Rock climbing will be the following dates in 2025 from 10am to noon: January 21, April 29, July 29 and October 28! Reservations requested.

Contact Torrey Davenport – tdavenport@parkinsonsmi.org

Palomino PT Meeting – 1st Monday of each month – noon
- drmario@palominopt.com

Questions for Parkinson’s Network North?

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pnntc.org website