

PARKINSON'S NETWORK NORTH NEWSLETTER - MARCH 2025

NOTES FROM OUR MARCH 11TH MEETING:

APRIL 8TH MEETING:

“FREE LUNCH & FUN TO CELEBRATE NATIONAL PARKINSON’S MONTH!” Reservations are required by FRIDAY, MARCH 28TH!

If you did not sign up at the March meeting, reserve your lunch at pnntcmi@gmail.com. Your Full Name & Birthdate are required.

Thanks to Meals on Wheels & Lisa Robitshek for catering this lunch!

The 39th **Parkinson’s Summer Forum** is coming on May 22 at the Hagerty Center. Parkinson’s Network North is excited that this educational and social opportunity is continuing. This year, MI Parkinson Foundation is facilitating this event. Brochures will be mailed near April 1. Register online or bring your registration check to the April PNN meeting and we will submit it for you!

The Board for Design Dance is hosting their spring concert on Saturday, May 17 at TC Central HS Auditorium. Their Board has offered a free block of tickets for our members along with 1 care partner. Request your free tickets at: pnntcmi@gmail.com

Reminders:

Both the PNN Facebook Page ---- ParkinsonsNetworkNorth-New -----and the PNN website www.pnntc.org are filled with timely, helpful, encouraging notes for all of us. Like us on Facebook --- visit the website often!

Ageless Grace: Mondays, 11AM at the new TC Senior Center. PNN is sponsoring this fun class! Free!

Boxing for Parkinson’s: Tuesdays, 3PM, Central YMCA. Sponsored by the Y and MI Parkinson’s Foundation. Free!

Research:

The Vision and Cognition Lab at Boston University has asked that our members consider joining their study “Exploring the Benefits of Nature for Cognition and Mood in Parkinson’s Disease! A \$15 Amazon gift card will be sent to all participants.

Contact: vcognition@gmail.com or 617-353-6476 for details about this study.

The Michael J. Fox Foundation recently announced that the FDA has approved Onapgo, an under the skin, infusion-based treatment for PD. Onapgo is designed for people with progressing PD and uses a continuous infusion to help control motor symptoms such as tremor.

Read more at: michaeljfox.org

SPRING IS HERE!!!